

All B.I.A.P.R. services require registration

Colleen McLean, Office Coordinator, will be pleased to provide you with the forms for the intake process. Forms can also be accessed on the biapr.ca website. Click on the **Primary Care** tab at the top right-hand corner of the homepage, scroll to bottom to access the ABI-Link® Self/Caregiver or ABI-Link® Primary Care Application forms.

HALIBURTON SERVICE

Community Kitchen is now open at the Minden Foodbank. To register, contact Karen Beaney at 1-800-854-9738.

LINDSAY CENTRE

March 1, 8, 15, 22, 29 – 17 William Street North, Unit #4 - 9:00 am - 4:00 pm \$5.00 Daily Fee -
(Please contact main office at 1-800-854-9738)

NORTHUMBERLAND SERVICE

March 1— Stroke Survivors & Acquired Brain Injury (Support and Sharing) 10:30 –12:00 pm
The Group meets the first Friday of every month at the **Port Hope Health Centre**, 99 Toronto Road.

BIAPR ABI Day Services



Morning Meet and Greet is followed by the Member's choices, which means whatever activities members wish to participate in - activities like games, meal preparation, discussion or learning groups, painting, creative journaling and so much more. Members-only computers are available for use with Internet access. April 2019 will be B.I.A.P.R.'s 6th year participating in the SPARK Photography Festival as a Community Exhibitor. Members, Volunteers and Staff are sharing their visions in a photography exhibit called "Connections". All are welcome to submit their photographs. Please have your photos submitted to Day Service by **March 22nd** so that staff have time to prepare them for the exhibit. The exhibit will be on display in our windows for the month of April. Members, family and friends are welcome to attend a **reception at the B.I.A.P.R office on Saturday, April 13 from 1- 4pm to view the photography and meet the photographers.**

News from BIAPR

Welcome March with your cold winds and promise of spring. We are eagerly waiting for the warmer weather. In the meantime, we are keeping busy with daily programming, client supports, educational opportunities and even special events. The annual gathering of the Community Head Injury Resource Services (CHIRS) of Toronto and BIAPR here in Peterborough (friends, music, pizza party and a Pete's Game) is scheduled for March 7th. This event is in its 3rd year and members look forward to sharing this time together. Thanks to David (CHIRS), Sarah (BIAPR), and all of the staff who help to make this event possible. The grins on clients' faces and the stories told for days provide the proof that social engagements = QOL (Quality of Life) improvements!

BIAPR has been approved for some one-time 2018/19 Community Investments funding for both the Peterborough and Northumberland sub-regions. The Northumberland initiative, "Acquired Brain Injury Awareness and Capacity" will include eight informational sessions called "ABI FYI" that will be delivered by Nicole Nadeau, Occupational Therapist. These sessions will be held every Monday and Wednesday from 6:30-8:00 at the Cobourg Community Centre at 750 D'Arcy St, Cobourg. If interested in attending please call the office at 705-741-1172 or 1-800-854-9738 to RSVP. You can check out the sessions on our website biapr.ca or on Twitter @BrainInjuryPTBO. (The Peterborough ABI FYI session " Pain Management" will still be held on March 21, 6:30-8:00 at BIAPR office). The Peterborough initiative "Building Acquired Brain Injury Competencies" will include specialized staff training that will increase the staff's ability to meet the needs of the clients we are supporting. In addition, we will be able to purchase upgrades to IT (computers, database) and a barrier-free automatic door in the CC Café. Thank you to the CE LHIN for the continued financial support of brain injury supports at BIAPR.
Teryl Hoefel - Executive Director

FINANCIAL SUPPORT

Brain Injury Association Peterborough Region is a registered business name of Four Counties Brain Injury Association, which receives funding from various sources.



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Sarah (Co-ord.),
Megan (Rec Therapist)
Margaret, Paolo, Sharon, (Facilitators)
CE ABI Network-System Navigator:
Debra Prescott
Transitional Support Coordinator:
Shelly Tsui

Dual Membership Available - B.I.A.P.R./OBIA

I am interested in a Dual Membership please send me information for;

- Person with ABI (Member)
- Family Member / Caregiver (Associate Member)
- Professional or Community Partner (Associate Member)

COUNT ME IN! B.I.A.P.R. can count on me.

- I am a Friend of Brain Injury Association (B.I.A.P.R. Donor)
- Enclosed is a cheque for a Tax Deductible Donation

My Contact Information:

Name: _____
Address: _____
City: _____ Postal Code _____
Telephone: (_____) _____ - _____
Email Address: _____

- I have moved

mail to:
Brain Injury Association Peterborough Region
158 Charlotte Street
Peterborough, ON, K9J 2T8